

## REFERRALS

Currently, the Youthful Sex Offender Treatment Program is serving adults, ages 18 to 25, residing in the following seven counties in the Eighth Judicial District: Des Moines, Henry, Jefferson, Lee, Louisa, Van Buren, and Washington.

Those referred to the program must be screened for eligibility and to determine any individual pre-treatment needs. In addition, eligible clients will be assigned to one of four different treatment tracks : Statutory/Low Risk, Special Needs, High Risk, or Individual Therapy. Partner and spouse groups are also offered for support persons.

Individuals ordered to YSOTP as a condition of pretrial supervision will not participate in the treatment components until final adjudication and the completion of all assessments by staff. However, all program rules of supervision will apply.

## CONTACT US

For more information about the program, or to make a referral, please contact:

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## PROGRAM STAFF

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## **Eighth Judicial District Department of Correctional Services**

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## **Eighth Judicial District**

# **Youthful Sex Offender Treatment Program**



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**Serving Des Moines, Henry, Jefferson, Lee, Louisa, Van Buren, and Washington Counties**

# Eighth Judicial District

## Youthful Sex Offender Treatment Program

### PROGRAM COMPONENTS

#### Interventions and Services

- *Risk and Needs Assessments*
- *Case Planning*
- *Weekly Treatment Groups*
- *Individual Counseling*
- *Quarterly Court Sessions*
- *Ongoing Treatment Progress Reports and Staff Reviews*
- *GPS Monitoring*
- *Social Media and Internet Monitoring*
- *Drug and Alcohol Testing*
- *Home Visits*
- *Sex Offender Registry Compliance*
- *Polygraph Examinations*
- *Job Training and Employment*
- *Education/GED*
- *Reasoning Skills*
- *Life Enhancement Groups*
- *Community Service*
- *Assistance Obtaining Health Insurance*

### FREQUENTLY ASKED QUESTIONS

#### What is YSOTP?

It is a community-based pilot program for young adults convicted of a sex offense that provides an age-appropriate, seamless continuum of intensive treatment and long-term supervision services.

Sometimes referred to as members of the emerging-adult population, program participants are at significant risk for noncompliance due to age-related issues, which can ultimately lead to an increase in technical violations and ultimately incarceration. Moreover, evidence-based practices suggest that it is inadvisable to mix young adults in treatment programs created specifically for older probationers and parolees who may exhibit a higher degree of criminality.

Accordingly, this program is designed to reduce the risk for recidivism among participants by offering treatment and supervision services that meet their unique needs.

#### Who is Eligible?

Young adults, ages 18 to 25, convicted of a sex offense or ordered to pretrial supervision related to a sex offense are eligible for the program. However, individuals referred to the program must be screened and assessed for eligibility prior to formal admission.

### COMMUNITY PARTNERSHIPS

#### Judiciary

Chief Judge Mary Ann Brown presides over quarterly court sessions to ensure individual accountability through positive reinforcement strategies and by imposing court sanctions in an expeditious manner.

#### Iowa Workforce Development

In conjunction with Iowa Workforce Development's Workforce Innovation and Opportunity Act/Promise Jobs program, participants learn new job skills through work-based learning opportunities.

#### Licensed Mental Health Counselor

Vicky Rosenkoetter has long been associated with the District's adult sex offender treatment program. In addition to co-facilitating weekly treatment groups and partner and spouse groups, she provides individual counseling.

#### Polygraph Examiner

Sexual history, maintenance and specific issue polygraph examinations are conducted by a private contractor specializing in working with individuals convicted of sex offenses.